

Orachel®

*Vitamins and minerals for a healthy lifestyle**

Description

Packed with essential vitamins and minerals, Orachel® is a well-balanced dietary supplement that helps support your general health and vitality. Orachel® features a proprietary formula which contains key nutrients, including 21 vitamins, minerals, and nutrients, plus a blend of herbs.

Every body system and process relies on adequate nutrition in order to function properly and support a healthy lifestyle. Especially important to proper body function are vitamins and minerals. The body can synthesize a few of the essential vitamins. However, it is necessary to obtain most vitamins in adequate quantities from elsewhere. Foods such as fresh fruits and vegetables provide a good source of key nutrients.

Well-balanced dietary supplements such as Orachel® can also help supply the vitamins and minerals your body needs. Orachel® has been specially formulated to help meet your body's daily requirements for many critical fat- and water-soluble vitamins, as well as macro- and trace minerals.

With a diverse blend of essential nutrients, Orachel® assists the various body systems and provides a broad spectrum of benefits. Orachel® supports circulatory system health, supports immune system health, and supports body stamina and feelings of well-being.*

For children under age 12, try Orachel for Kids™, a multi-vitamin formulated for the special dietary needs of children.

Benefits

- Provides excellent sources of 17 vitamins and minerals
- Includes antioxidant vitamins A, C, and E*
- Formulated with both macro- and trace minerals
- Supports normal absorption during digestion*
- Supports anti-aging processes and antioxidant capacity*
- Supports bone, joint, muscle, and skin health*
- Supports gastrointestinal and immune system*
- Supports metabolism of carbohydrates, fats, and proteins*
- Contributes to feelings of well-being and a healthy lifestyle*
- Contains no preservatives and no artificial colors or flavors

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NEWAYS®



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Orachel[®]

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Recommended Use

Take 1 tablet daily with food.

Key Ingredients

- Vitamin A (beta carotene)
- Vitamin C
- Vitamin D
- Vitamin E
- Thiamine (vitamin B1)
- Riboflavin (vitamin B2)
- Niacin (vitamin B3)
- Pyridoxine (vitamin B6)
- Cyanocobalamin (vitamin B12)
- Folate (folic acid)
- Pantothenic acid
- Biotin
- Zinc
- Macrominerals—Including calcium and magnesium.
- Trace minerals—Including chromium, copper, iodine, manganese, molybdenum, and selenium.
- Proprietary blend—Contains herbal ingredients such as black pepper seed, cayenne fruit, ginger rhizome, horseradish root, as well as inositol.

Source Citations

1. McKay DL, Perrone G, Rasmussen H, Dallal G, Blumberg JB. Multivitamin/mineral supplementation improves plasma B-vitamin status and homocysteine concentration in healthy older adults consuming a folate-fortified diet. *J Nutr.* Dec 2000;130(12):3090-3096.
2. McKay DL, Perrone G, Rasmussen H, et al. The effects of a multivitamin/mineral supplement on micronutrient status, antioxidant capacity and cytokine production in healthy older adults consuming a fortified diet. *J Am Coll Nutr.* Oct 2000;19(5):613-621.
3. Barringer TA, Kirk JK, Santaniello AC, Foley KL, Michielutte R. Effect of a multivitamin and mineral supplement on infection and quality of life. A randomized, double-blind, placebo-controlled trial. *Ann Intern Med.* Mar 4 2003;138(5):365-371.
4. Kasa RM. Vitamin C: from scurvy to the common cold. *Am J Med Technol.* Jan 1983;49(1):23-26.
5. American Society of Health-System Pharmacists. AHFS drug handbook. 2nd ed. Bethesda, Md.
6. Herbert V. Vitamin B12 in Modern Nutrition in Health and Disease. 8th ed. Baltimore, MD, USA: Williams & Wilkins; 1994.

Supplement Facts					
Serving Size 1 Tablet Servings Per Container 60					
Amount Per Serving		% Daily Value			
Vitamin A (100% as beta-carotene)	4000 IU	80%	Magnesium (as magnesium citrate)	10 mg	3%
Vitamin C (as ascorbic acid)	125 mg	208%	Zinc (as zinc carbonate)	7.5 mg	50%
Vitamin D (as cholecalciferol)	200 IU	50%	Selenium (as sodium selenite)	50 mcg	71%
Vitamin E (from d-alpha-tocopheryl succinate)	25 IU	83%	Copper (as copper gluconate)	0.045 mg	2%
Thiamin (as thiamin mononitrate)	4.1 mg	273%	Manganese (as manganese sulfate)	0.9 mg	45%
Riboflavin	4.7 mg	276%	Chromium (as chromium trichloride)	100 mcg	83%
Niacin (as niacinamide)	25 mg	125%	Molybdenum (as sodium molybdate)	10 mcg	13%
Vitamin B6 (as pyridoxine HCl)	5.9 mg	295%			
Folic Acid	200 mcg	50%	Proprietary Blend	49.6 mg	*
Vitamin B12 (as cyanocobalamin)	2.5 mcg	42%	Black Pepper Seed, Inositol, Ginger Rhizome, Cayenne Fruit, Horseradish Root.		
Biotin	150 mcg	50%			
Pantothenic Acid (as calcium pantothenate)	17.5 mg	175%			
Calcium	50 mg	5%			
Iodine (as potassium iodide)	32 mcg	21%			

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, hydroxypropyl cellulose, calcium citrate, maltodextrin, croscarmellose sodium, stearic acid, modified food starch, silicon dioxide, sodium carboxymethylcellulose, ethyl cellulose, dextrin, methylcellulose, dextrose, lecithin, water, sucrose, dl-alpha-tocopherol, sodium citrate, sodium ascorbate, glycerin, medium chain triglycerides, **Contains Soy**

Adult use only: Take 1 tablet twice a day, preferably with food and drink.

Caution: Consult doctor before use if you are pregnant or nursing, have a medical condition or take medication.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE OUT OF REACH OF CHILDREN.

Manufactured for Neways, Inc. 150 E. 400 N. Salem, Utah 84653
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