Cal-sea-um™

Strong bones for life

Description
Calcium is vital to healthy bone density. But did you know that 50 percent of Americans over age 10 consume less than the RDA of calcium\(^1\) and 28 million Americans suffer from inadequate bone density?\(^2\) Dietary intake of calcium and other minerals related to bone health is below recommended levels worldwide.\(^3\)

While calcium gets the most attention, magnesium is also essential for maintaining bone mass. But it can be difficult to obtain in a normal diet.

Cal-sea-um™ is a proprietary natural blend of minerals required for maintaining optimal bone health. It’s formulated with calcified seaweed, a vegetable source of minerals found in human bone. This seaweed comes from a pristine area of the North Atlantic Ocean. Further, Cal-sea-um™ contains no added protein or fats that can compromise calcium absorption in the intestine.*

Easy-to-take and vegetarian-approved, these fruit-flavored chewable tablets include a vegetable source of vitamin D to further support bone tissue, together with short-chain fructooligosaccharides to aid in mineral absorption. Cal-sea-um™ is the perfect supplement to support bone health in adolescents and adults.*

Benefits
- Provides minerals necessary for healthy bone matrix*
- Facilitates absorption of calcium and magnesium*
- Contributes to bone density maintenance*
- Helps maintain bone mass and bone strength*

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Key Ingredients

- **Calcified seaweed**—A unique extract containing calcium and magnesium.
- **Vitamin D**—Facilitates intestinal absorption of calcium and positively affects bone tissue.
- **Short-chain fructooligosaccharides**

**Source Citations**


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